

## Agenda for Scotland

**August 29<sup>th</sup> Arrival day (Thursday)**

*Please note, we are inviting 20 older people from the community for Friday morning presentations and to join us for lunch.*

**DAY 1 August 30<sup>th</sup> at RGU Campus Sir Ian Wood Building Room N309 (Friday)**

**09.00-09.15 Housekeeping / Information about the schedule of events** Professor Angela Kydd RGU School of Nursing and Midwifery/NHS Grampian

**09.15-10.00 Welcome to RGU** Professor Ian Murray Head of School of Nursing and Midwifery

**10.00 Video of EuroAgeism Project and Welcome to Aberdeen** Abodunrin Aminu, Ghulum Nasir and Laura Allen

***10.30 Coffee Break***

**11.00- 11.30 Project to date (update)** Professor Liat Ayalon

**11.30-12.00 Discussion on 50 years of Ageism - What we know from the literature and what we know from older people:** Led by Abodunrin Aminu, Ghulum Nasir, Laura Allan and Angela Kydd

***12.00 - 13.00 Lunch***

**13.00-15.00 Getting your research into policy, preparing a policy brief, writing a policy paper. This is a Methods Workshop** Arunima Himawan Research Fellow at the International Longevity Centre, London.

This workshop, hosted by the think tank ILC, will cover the ways in which the impact of research can be maximised. With research councils increasingly requiring detailed pathways to impact plans as an element of a successful project bid, the ability to

demonstrate knowledge of the mechanics of policy change and avenues of public influence is a key skill for any early career researcher.

The workshop will be divided into two parts:

*Making research relevant*

- Keeping up to date with the contemporary policy debate
- Designing research with policy in mind

*Impact and engagement*

- Enhancing your own social media profile
- Designing your message
- Presenting research as policy and turning research into action

The International Longevity Centre – UK (ILC-UK) is the UK's specialist think tank looking at issues related to longevity, ageing societies and demographic change. Incorporating research as well as policy expertise our remit is broad, and covers everything from pensions and financial planning, to health and social care, housing design, and age discrimination. We work primarily with central government, but also actively build relationships with local government, the private sector and relevant professional and academic associations.

The session will have an ageing theme but will have wider relevance and be applicable to other fields of research.

**15.00 tea break**

**15.30-17.30 Ageism and its impact on performance** Interactive workshop. Dr Hannah Swift, Senior Lecturer in Social and Organisational Psychology, University of Kent

**19.00 Wine and Canapés** at the Town House. Welcome to Aberdeen by the Lord Provost.

**DAY TWO August 31<sup>st</sup> at Mercure Caledonian Hotel (Saturday)**

**08.55 Welcome**

**09.00-11.00 Interactive Session: Study Skills** Liv Jonassen: Critical reading and academic writing skills for research students

**11.00 Coffee**

**11.30 – 12.30 Interactive Session: Enhance your Employability.** Gayle Scott  
Careers Consultant RGU

This will include:

- Options beyond PhD

- Develop your CV for industry and/or academia
- Market yourself online via LinkedIn
- Prepare effectively for interview

### **12.30-13.15 Lunch**

**13.15 How Results of Study on Mental Health and Brexit Reached Over 5 million People in the UK.** Piotr Teodorowski Research Assistant, School of Nursing and Midwifery, RGU.

### **14.00 Tea Break**

**14.30 - 15.45 3 ESR work presentation** (15 minutes presentation and 10 minutes for questions each)

### **(15 mins break)**

**16:00 - 17.15 - 3 ESR work presentation** (15 minutes presentation and 10 minutes for questions each)

**17.15 -18.15 Supervisors' meeting**

**17.15 - 18.15 ESRs meeting**

**19.00 Dinner**

## **DAY THREE September 1<sup>st</sup> at Mercure Caledonian Hotel (Sunday)**

### **Future of Training Needs**

**09.00 - 10.00 Learning Outcomes of next Training Schools - interactive workshop** - Jolanta Perek-Białas

### **10.00 Coffee**

**10.30 -11.30 Project meeting on the future actions** (Preliminary Agenda to include: *Management of project, Future actions, deliverables, training plans, involvement of partners, secondments, policy briefs, joint events, publications, dissemination of projects*)

**11.30 - 12.20 - 2 ESR work presentation** (15 and 10 minutes for questions minutes each)

### **12.20 -1.00 Lunch**

**13.00 - 14.40 - 4 ESR work presentation** (15 and 10 minutes for questions minutes each)

**14.45 Evaluation of the Scottish Training Event**

**15.00 Close**